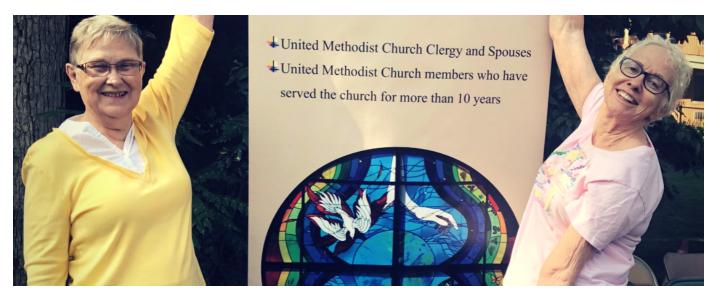
THE SERENDIPITOR

The Brooks-Howell Official Newsletter



Brooks-Howell's Expanding Outreach

By Jill Knight and Derek Parris

Thanks to Brooks-Howell, Asheville will have an on-site Community Medical Clinic and Medical Equipment Loan Closet for seniors in need. To raise money to establish these much-needed services, Brooks-Howell held a yard sale on Friday, July 27th and Saturday, July 28th. The hard work of both residents and staff helped make the yard sale a reality. Contributions from the residents provided a wide range of choices for the community which responded with resounding support!

More than \$2,000 was raised. In addition to supporting the Community Medical Clinic and the Medical Equipment Loan Closet, the funds also will support the creation of a BEAR closet (Baby Equipment and Resource Closet) at St. Paul's United Methodist Church in Asheville.

The Medical Loan Closet will be open to all United Methodist Church members in the community who need medical equipment but who are unable to afford it or do not have insurance. The Loan Closet will offer a vast array of durable medical equipment free of charge to seniors facing recovery from illness, accident or who are otherwise in need of such

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equipment on a short-term basis. These items include wheelchairs, walkers, scooters, shower chairs, canes, tub transfer benches and more.

The Community Medical Clinic will be open to all United Methodist Church members over the age of 65 who are under insured or noninsured. This service will enable seniors to see a geriatric-trained practitioner who understands the aging adult. A sliding payment scale will be offered to seniors who otherwise may not be able to afford the services.

The Community Medical Clinic and Medical Loan Closet are expected to open by December 1, 2018.

These services are in keeping with Brooks-Howell's motto of "served, called, and serving still." Brooks-Howell's residents have spent their lives in the service of the Christian mission as deaconesses, missionaries, clergy and as active members of the United Methodist Church and are indeed "serving still".



In the Bulb There is a Flower

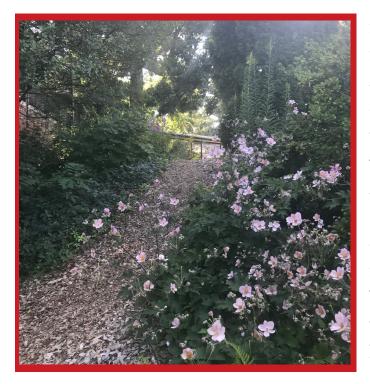
By Don Turman, Retired UMC Minister and Missionary



The grounds on the 10-acre campus of Brooks-Howell Home are truly amazing. In addition to the friendliness of residents and staff, visitors to Brooks-Howell usually notice the abundance of well-tended flowers and plants of our campus. They are everywhere but there are a few spots that are special.

The flowers along the walks and around the apartments in the Village lure many to have leisurely walks to see the latest blossoms and enjoy the fragrances. Family members frequently push wheelchair bound residents through these gardens. The paths and benches in the wooded area near the main entrance and the Quad apartments provide an opportunity for quiet walks and moments to sit in the woods for reflection and meditation.

The "old" rose garden near the East side of the Bethea Building is a delight whether riding by in a car or leisurely walking through it. The other rose garden is in the U-shaped southern side of the Bethea Building. It is visible from





many of the rooms and apartments in the Bethea building and has easy access from the Village. The Celtic cross, benches and beautiful flowers make this a quiet place where one can be close to nature and to God.

Some residents have left their cremains to be placed in one of the rose gardens – a tribute to the beauty and tranquility of an oasis that most of us never want to leave.

Want to keep up with the latest Brooks-Howell news and events? You can find all that and more on our Facebook page and the Brooks-Howell Blog! Like us at facebook.com/BrooksHowellHome, and check out our blog at brooks-howell.org/news.

They Came to Camp Brooks-Howell



By June Fischer, Deaconess

Throughout the week of September 17th - 21st, residents came from all the floors, apartments and the Village to participate in special camp activities each day. There was a cornhole tournament, bead crafts, tie dying using Sharpies, and a boat race (boats made and named by the residents). Miss Virginia, the possum, adopted by residents Debbie Pittman and Marilyn Benson, came from the Western North Carolina Nature Center to visit as did our family of black bears who visit time to time. Chair line dancing and an awards snack time with pre-made s'mores (yes, when you can't have a fire, there is a way to prepare s'mores ahead of time) made it all the more fun.

June, Deaconess, is a retired and former Camp Director at Wesley Community House in Louisville, KY, and is a certified "Camp Director for Life" presented at awards day in 2018.



New Resident Spotlight: Joyce Hill



"Where is Rio De Janeiro?", 5-year old Joyce asked her mother. Perhaps this curiosity about far away lands urged her adventurous spirit to the foreign mission field as a missionary.

Originally from the Texas panhandle, Joyce graduated from West Texas State University with a degree in English and Education in 1950, and while living on the Scarritt College campus she received her Masters from George Peobody College in Nashville in 1957.

Beginning in 1952, her ministry of teaching English led her to Cuba, Argentina and Chile. In 1968 Joyce joined the staff of the Board of Global Ministries as the executive related to Latin America and the Caribbean. She had a concern that non-English speakers were being left out of many events, so she and two other colleagues advocated for the General Conferences to be translated simultaneously. The three of them provided the first such translations into Spanish, Portuguese and Swahili in 1976. The last General Conference provided simultaneous translations into eight languages by 140 translators. As Joyce said, "Translations should be expected not just accepted".

Joyce joined Brooks-Howell in August 2018 to be part of a United Methodist community, and as she expected, found a warm and welcoming community.

Hiren Patel, MD Medical Director

Brooks-Howell is pleased to welcome Dr. Hiren Patel as its new Medical Director. Originally from England, Dr. Patel joins us with experience in long-term care as well as practice in internal medicine. Dr. Patel is board certified in geriatric care and is a certified medical director. His experience in Asheville includes

geriatric care at the Veterans Health Administration as well as at Aston Park Health Care. His experience also includes delivery of hospice care, respite stay and rehabilitation services. He received his undergraduate degree in biology at Boston University and graduated from St. Christopher's Iba Mar Diop College of Medicine in Senegal. His internship and residency training at East Carolina University



Hiren Patel, MD

Brody School of Medicine prepared him for his geriatric medicine fellowship at the University of Hawaii's School of Medicine. He speaks Spanish, Gujarati and Latin. At Brooks-Howell, Dr. Patel supervises the delivery of medical services by the clinical staff, and his medical care ensures the continuation of Brooks-Howell's stellar reputation in geriatric health care.

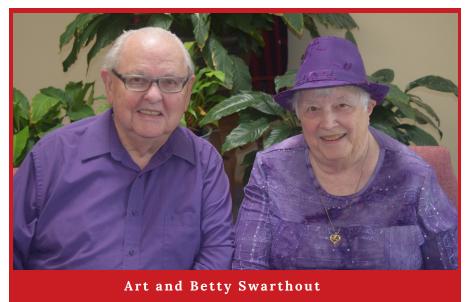
38 Years of Loving Care



Hardworking, dedicated and loyal. This is Sallie Tipton who has been a Certified Nursing Assistant (CNA) in Brooks-Howell's long-term care community since 1980. Sallie found it natural to have a career in long-term care since her role models were her grandmother and two aunts who took care of the elderly. Sallie saw first hand how meaningful this service is. Sallie honed her

skills at her first CNA job on the geriatric floor at Appalachian Hall in Asheville. After she was employed by Brooks-Howell the regulations changed and all CNA's required certification. Brooks-Howell then paid for all CNAs to receive their certification at AB Technical College for which she is grateful. Sallie shared "I feel the Lord meant for me to be here, and I appreciate the residents' rich stories of their service all over the world. The residents are so wonderful, and I plan on being here for many more years." Sallie enjoys playing with her Yorkies, cooking, baking and spending time with her daughter, Mary.

Get to Know Your Neighbors: Art and Betty Swarthout



The Swarthouts are a couple who have devoted their lives to service, Art as a minister and Betty as a Deaconess. Their ministry is expansive and multi-faceted, touching many lives through the years, and their ministries began

after meeting at West Virginia Wesleyan College. Art furthered his education at Garrett Theological Seminary to receive his Masters of Divinity, and his education also includes a Masters in Library Science at the University of Maryland. Betty's BS (WVWC) and MS (WVU) degrees are in Family and Consumer Sciences. Betty has served as a Church Community Worker which included work as a Parish Worker. Then her calling led her to UMCOR (United Methodist Committee on Relief) and also working in the Mission Personnel Resource Department at the Global Board of Ministries. Art served for 42 years as a pastor in five Conferences, and was the Assistant General Secretary of the Commission on Archives and History. But their service did not stop in retirement. For 10 years Art has directed archives and museums, and both have served over ten years in the Guardian Ad Litem and also served in the Meals on Wheels program. Art and Betty have been married for 61 years and have three children.

Art and Betty joined the Brooks-Howell community in 2014. They appreciate Brooks-Howell's security, the continuity of care and above all, this community whose foundation is faith. Brooks-Howell is indeed blessed to have this couple who are passionate about service even in retirement.

Contact Us

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A New Employee Benefit! **Retired Employees are Now Eligible for Admission**

Brooks-Howell employees who have served at least 10 years of service at Brooks-Howell and left the company in good standing would be eligible to retire at Brooks-Howell and live in Independent Living. Come join our loving, active community! Contact living@brookshowell.org for more information and review our admissions criteria on our website.

Go Green! Notify living@brookshowell.org to receive The Serendipitor by email.

"The people of The United Methodist Church" Open Hearts. Open Minds. Open Doors.







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